Allergies are a result of an immune system overreaction which only develops after repeated exposure to potential allergens.

Feeding your pet the same diet day after day, year after year for many years will increase the chances of your animal reacting to a component in the food.

The vast majority of pet foods contain fillers like wheat, grains and other starch fillers, to reduce the volume of meat that is added to the food and to make it more economical to produce.

But these fillers aren't biologically appropriate for our dogs and cats.

Over time they create stress on the immune system, which in turn can develop a hypersensitivity to them this is what leads to an allergic response.

If your dog/cat is suffering from unexplained skin/ear problems and recurrent gastrointestinal upset it could be a food allergy.

Food Allergies cause non-seasonal dermatitis itching, which means, suffers from allergies all year round or symptoms begin in winter, also recurrent ear infections particular yeast infections and skin infections are common.

Food Allergies can begin at any age but most common, in animals over 2yrs of age.

Suspect food allergies, if your dog/cat fails to respond to ever increasing doses of corticosteroids.

Most common Foods our Pets

Develop Allergies too are:

All commercial pet food wet/dry, Beef, Chicken, Milk, Eggs, Fish, Wheat, Soy Grains, Corn, Dairy products, Rawhides, Pigs Ears, Greenies, Flavoured

toothpaste, Flavoured Plastic toys, Flavoured medications and Plastic feed/water bowls.

Symptoms of food allergies can be:

Continuous itching, scratching at face or muzzle with paws, rubbing against the furniture or rugs, itchy feet, fore legs, arm pits, belly, tail base and area around the anus, hot spots, skin infections, recurrent yeast ear infections (these type of ear infections respond to antibiotics but often recur after the course is finished), eye infections, hair loss around eye area and excess bowel movements

Food intolerance is different to food allergy, food intolerance causes, gastrointestinal problems, diarrhoea, gas, vomiting. Food intolerance develops to some additive, chemical, artificial colouring or preventives.

Treatment:

A change of diet for at least 3 months is needed. You need to change diet to a novel protein (a protein that the animal has never eaten before).

This will give your pets immune system a break from its battle against foreign invaders and the way it is done is to transition slowly to a food containing a protein that your dog/cats body isn't familiar with.

Three months of this diet is recommended to allow the body time to clear out the allergenic substance and begin the detoxification process.

But

Wouldn't it be nice to have an easier way to determine what food your pet is allergic too well there is.

It's called Healthy Dog and Cat Alternative Assessment test.

(Available at Natural Healing for Animals)

Pets are tested for over 200 Food/environment allergies.

Price \$160.00 (test only), plus postage

Available at Natural Healing for Animals

AND FINALLY

PATIENCE THIS IS NOT SOMETHING THAT

CAN BE FIXED QUICKLY

If you stick to this program the benefits that you and your pet will receive will be very rewarding.